

# TRANSFORMATION

*EVERYBODY HAS THE ABILITY TO TRANSFORM*

# SEQUENCES



CREATOR OF  
THE MOST  
SUCCESSFUL  
HERBAL  
DETOX AND SLIM  
PROGRAMS

# BRETT ELLIOTT

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EVERYBODY HAS THE ABILITY TO TRANSFORM

# SEQUENCES

*My Words are as dedicated as your wish and ability to become the person you desire.  
My warmest regards, best wishes and support go to:*

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*You*

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*My brother or sister in this world*

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*Brett Elliott, Medical Herbalist*

## — THE TRANSFORMATION SEQUENCES —

Nearly everyone reaches a point in life when they make the big decision. “Either I continue down the path I’m on, or I change direction and start on a new path.” There can be many reasons for reaching this point, such as a health crisis, emotional stress, difficult relationships, career dramas, financial hardship or purely a strong desire for real success in life. What we often do next is, begin a search, looking at all the available options. In order to clearly see the signs and gain new direction, a personal transformation process often begins. This book provides insight into the deeper mechanics of our being and opens the mind, heart and even the sixth sense to new possibilities.

If you knew that TOXINS in your body are nothing but “static interference” and that a simple herbal DETOX can clear your “internal communications” increasing intuition and allowing profound and rapid healing, then you would complete a DETOX annually. If you also knew that your mind has the power to alter DNA function overcoming inherited weaknesses and regenerating a new body rapidly, then you would practice positive thinking with every breath. The almost magical ability of your body to heal after a detox is very real, and so are many powerful methods of mind over matter. You can transform your self from the inside and experience a new phase of health, happiness and peace.

The finer details of the transformation sequences are individual to each of us, but they are universal in their order and their results of health, happiness and peace. An earnest desire for transformation begins this sequence of events so great results must certainly follow. All we really need is to understand is why these events are happening and where they are trying to lead us. The practical methods in this book give you the power to uncover this knowledge within yourself. The communication channels within you will be opened wide and the joy of personal transformation begins with speed.

The Transformation Sequences:

1. The Big Decision - Reality Check
2. Detox & Heal Thyself - Clarity
3. Transformation – Inner Morphosis
4. Rapid Renewal – Secrets of Regeneration

*Authors note:*

It is far better to properly maintain your vehicle than to wait for breakdowns. It is a lot less complicated and a lot less expensive in the long run. Change the oil and get a regular tune up. Treat your body as you would treat your vehicle. Cleanse, nourish and build. This is the essence of the philosophy of herbal medicine. A well nourished, strong, clean body can heal itself with incredible power and speed. All we need is provided by nature and medicine is certainly no exception. Most of all, fill your life with love, happiness and a passion for making a positive difference to the lives of others.



In health, happiness and abundance for all.  
Brett Elliott - Medical Herbalist.

*About the Author*

After several personal experiences with the powerful healing effects of plants, Brett discovered his passion for herbal medicine. Although his studies took him overseas, it was the power our Native New Zealand Bush that inspired Brett to begin looking at both traditional and contemporary knowledge of our surrounding flora and fauna during the early 90's. Brett says "Plants are Divine in both origin and purpose"

After personal trials, the strength of New Zealand's lush green was realized and two very distinct products came to fruition. See [www.iconherb.com](http://www.iconherb.com) for details

Inner personal transformation has been Brett's focus through the ability to harness what nature has to offer. This has meant his detoxification and weight management programs have not only improved the health, but also the lives of thousands.

The butterfly image represents Brett's commitment to providing the opportunity to transform the inner you. With Brett's life changing products you too can discover the mystery, magic and majesty of our healing Mother Nature.

*Contents*

*SEQUENCE ONE – THE BIG DECISION*

Beliefs, Chasing the dream, Burn out, Priorities

*SEQUENCE TWO – DETOX AND HEAL THYSELF*

Inner peace, Detox, Communication, Sunlight , Live Food,

*SEQUENCE THREE – THE TRANSFORMATION SEQUENCES*

Matter, A world of energy, Morphosis, Stem cells,

*SEQUENCE FOUR – RAPID RENEWAL*

Meditation, Love, The Plan